



TERM 1 WEEK 8 24 MARCH 2015

Classroom Chat Preschool

We have had a wonderful start to Preschool with Term 1 now over half way through. The children have settled into preschool and are forming new friendships and learning to be part of a group. Routines are an important part of the program because they give children a sense of security and control over their environment. Children learn what to expect at various times of the day and as they participate in these routines they experience a sense of control and satisfaction at being able to perform part of or all of the tasks associated with the routine.

We invite families to join the children and educators in the program on any day and for any amount of time and share your child's preschool experiences.

During the day we are constantly working on our manners, mutual respect, taking turns, appreciations, following instructions, sharing, listening when someone else is talking as well as trying to do our best work. We are encouraging the children to develop their self-help skills and independence. For example, opening their lunchbox, hanging up their own bag, being independent in the bathroom and putting on socks and shoes.

Early Childhood programs use ***Being, Becoming, Belonging: The Early Years Learning Framework (EYLF)*** which describes the principles, practice and outcomes essential to support and enhance young children's learning from birth to five years of age. This means children are able to choose play based activities where they can engage with other children or adults or sometimes play alone, and during those activities they learn by first-hand experience – by actively 'doing'

The following five ***Learning Outcomes*** are the aim of early childhood educators as the ***EYLF*** provides the tools that recognize the integrated and complex learning and development of all children from birth to five years:

- ***Children have a strong sense of identity***
- ***Children are connected with their world***
- ***Children have a strong sense of wellbeing***
- ***Children are confident and involved learners***
- ***Children are effective communicators***

In each newsletter we will address the ***Learning Outcomes*** and discuss each one and how it may be reflected in the program.

Children have a strong sense of identity and this is evidenced in the program through the inclusion of the following examples:

- Effective and predictable routines e.g. the daily program routine using a variety of play environments both inside and outside
- Opportunities to communicate their needs, feelings and ideas e.g. during small and large group times
- Confidently explore and engage with the social and physical environments e.g. home corner, sand play and shared experiences with equipment
- Develop confidence to try new experiences and challenges and persist when first attempts are not successful e.g. new experiences including drawing, outdoor play equipment and group games
- Recognition of the needs and rights of others as children develop the skills to share, take turns and play collaboratively with others e.g. small group activities including play dough, writing and creative tables and provide opportunities to make choices and decisions
- Children learn to reflect on their actions and consider consequences for others. As educators we model explicit communication strategies to support children to initiate interactions and social experiences in other ways that sustain productive relationships with other children.

Lawrence Wackett Crescent, THEODORE ACT 2905

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Email: info@theops.act.edu.au Website: www.theops.act.edu.au

Principal: Matthew Holdway Deputy Principal: Tracey Stewart





When children feel safe, secure and supported they grow in the confidence to investigate, engage and learn.

So far this term we have been on our bus wash which was very exciting. Thank you to all those parents who joined us on our excursion. We have one more excursion this term in Week 9 (The Farmyard Nursery) where we need four helpers per group please. Thank you to those parents who have already offered to help.

A huge thank you goes to our new fantastic P&C Fundraising Committee. They are off to an amazing start with a chocolate drive already in place. Please support them as much as you can as the money raised will help improve the children's play area and resources. Please feel free to attend any meeting on a Wednesday at 11.50 am twice a term and have a say in what is happening at your child's Preschool.

Thank you also to all those families for their wonderful donations of paper, blutack, sponges, spray and wipe, feathers, toilet paper etc etc. The supply of these resources is a huge help to the running of the Preschool. A big thank you also to the lovely families who have been doing our washing and helping us move our mulch. Thank you also to the Year 6 boys who also helped move some of our mulch. We really appreciate your help.

This year is going to be a very busy year. We already have some interesting happenings this year for the Possums, Koalas and Bilbies. Before each event you will receive a note giving more detailed information. This year we have planned:

TERM 1 Preschool Events

- On Tuesday 31 March (Bilbies) and Wednesday 1 April (Possums and Koalas) will be visiting the Farmyard Nursery. The farm offers an educational and hands-on experience where children can come and learn about farm animals and the products they produce.



TERM 2 Preschool Events

- On Friday 1 May a NOWASTE Educator will visit the Preschool to educate the children about Recycling.
- On Sunday 3 May from 9 am – 12 noon, we will be having a **Working Bee** which will include a delicious Sausage Sizzle. More details to come.
- On Monday 4 May from 9.00 am – 10.30 am (Possums and Bilbies) a fun morning for Mother's Day.
- On Tuesday 5 May (Possums and Bilbies) Pirate Pete will visit the Preschool.
- On Thursday 7 May (Koalas) from 9.00 am – 10.30 am, a fun morning for Mother's Day.
- On Friday 8 May (Koalas) Pirate Pete will visit the Preschool.
- On Monday 18 May Kenny Koala will educate the Possums and the Bilbies about road safety
- On Tuesday 26 May a NOWASTE Educator will educate the Possums and the Bilbies about Recycling.
- On Thursday 28 May Kenny Koala will educate the Koalas about road safety.
- On Tuesday 30 June (Possums & Bilbies) and Friday 3 June (Koalas) David the Music Man will visit the Preschool. David is very experienced in sharing his music and his knowledge of instruments with young children.



TERM 3 Preschool Events

- As part of Science Week, on Tuesday 18 August (Possums and Bilbies) and Friday 21 August (Koalas) we will be having an 'Open Science Morning' from 9.30 am – 10.30 am.
- On Thursday 20 August Kenny Koala will educate the Koalas on Protective Behaviours.
- Hatching Chickens – 7 September – 18 September



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Term 4 Preschool Events

- On Tuesday 20 October (Possums & Bilbies) and Friday 23 October (Koalas) Reptiles Inc are visiting the Preschool which will be very exciting.
- On Monday 9 November Kenny Koala will visit the Possums and Bilbies and educate them about Protective Behaviours

Important Reminders:

- Please ensure that the children are bringing a named water bottle, **healthy** snacks and lunch. For example, fruit, yoghurt, cheese, vegetables, crackers, sandwiches, boiled egg, etc . Remember – no chocolate, chips or lollies please.
- Please ensure children's things are named.
- Ensure the children have layers, jackets for those colder days and a hat (no caps) please, and
- Your child needs at least 1 set of clean clothes including 2 sets of underwear.

Wanted

Preschool would like some preloved dolls that need a new home.

Possums and Koalas News

Every session we have a community circle where we take turns at talking while holding 'Teddy'. This gives everyone a chance to have something to say. An example might be, 'One thing you like to do at Preschool' or 'Something that makes you happy'. In a community circle everyone also has a right to pass and we encourage no put downs.

The students are thoroughly enjoying being Koala and Possum of the Day and 'Pat the Possum' and 'Kim the Koala' have loved spending time at home with the students. We enjoy hearing about their adventures and seeing the photos. The 'Mystery Box' has been very popular as well. Reassure the children that they will all get a turn of all activities but it does take a little time to get through everyone.

We are working on colours and basic shapes and we will be looking at the students' sandwich shapes to keep a tally of which sandwich shape is most popular. Shapes are also used as part of our transition to the next activity. We are also working on recognizing and beginning to write names. We would love the children to practise cutting at home as well. If you are helping your child write their name at home, it is important for the students to learn lower case letters except for the initial capital letter at the beginning of their name. We are more than happy to demonstrate the best way to teach them. Please come and see Jayne or I. We are also working on counting to 10 and beginning to learn some letter sounds and names. On Wednesday mornings in our rotation groups we are working on our fundamental motor skills. For example, kicking, catching, hopping, skipping, leaping, throwing, bouncing the ball, taking turns, and hitting the ball with a cricket bat and off a tee. We also incorporate the obstacle course as one of our rotations to improve the children's skills in catching, climbing, crossing over their midline, jumping and going across the monkey bar etc. We also teach the children different games such as" Duck Duck Goose", 'It' and 'Stuck in the Mud.

Bilbies

We have been busy setting up the Bilby room and sourcing all sorts of resources and we certainly appreciate the wonderful response we had for donated items. Thank you to all the families who have contributed.

Please drop in donations any time, they will always be welcome.

A big thank you to Krista for making the craft pockets for the Bilby group it arrived the first week of preschool.

Also thank you to all the families who joined us on our bus wash excursion.

Thank you to Liam's family who brought chicks to preschool for the afternoon. The children enjoyed discussing what chicks eat and having the opportunity to hold and gently stroke a chick.

A fruit cutting roster has ensured that on most days the fruit is prepared for fruit break which allows the staff to be with the children. Several families have stayed for a while at the beginning of the session for approximately 15 mins. If you are able to help please put your name on the roster outside our room. Thank you

We invite families to join the children and educators in the program on any day and for any amount of time and share your child's preschool experiences

Til next time Karen, Janene, Susie (Mrs Tebb), Jayne, Haylee, Leigh (Miss Rhodes) & Tracy



SCHOOL DATES AND INFORMATION

Dates to Remember

23 to 27 March	Family Interviews
24 to 26 March	Student Individual Learning Plan
31 March	Bilbies Farm Yard Excursion
1 April	K to Yr 6 History Incursion
1 April	Possums & Koalas Farm yard Excursion
1 April	Bendigo Bank colouring competition drawn
2 April	P&C Easter Raffle drawn
3 & 6 April	Easter Break
8 April	Whole School Cross Country
10 April	Last day of Term 1
8 May	Theodore Athletics Carnival

Term 2 Starting Dates

Please be advised that due to ANZAC Day (25 April) falling on a Saturday, Term 2 2015 will commence for all ACT Public Schools on Tuesday 28 April.

Notes sent home with this Newsletter

Yr 5/6G	Easter Fun
Pre to Yr 6	Holiday Happenings

Notes and Money to be returned

ASAP	Students Information packs
25 March	Preschool Farmyard Nursery Note & Money
30 March	P&C Raffle tickets to be returned sold or not
1 April	Incursion - "Our Story" Note & Money
3 April	Yr 6 Band payment Note & Money
10 April	Yr 5 Band payment Note & Money

Assemblies and Awards

Friday 27 March -	
Harmony Day Yr 1/2 Assembly &	
Artist of the Month awards	
Friday 10 April -	
Kindy Assembly & Academic of the Month awards	



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Student of the Month - Matiu 3/4S



Matiu is a cheerful and enthusiastic learner who tries hard to achieve his best. He has worked very hard in writing to construct a recount that includes paragraphs, past tense, time connectives and some adjectives. Congratulations Matiu! I am so proud of you and the effort you have put into your writing. I knew you could do it! Keep up the amazing work!



Preschool Enrolments 2016

Enrolments Opening Soon for Theodore Preschool 2016

Online Enrolments for 2016 prospective students will open on the first day of term 2,

Tuesday 28 April 2015.

The closing date will be Friday 5 June 2015.

www.det.act.gov.au

Preschool Fundraising



The preschool is raising money for preschool resources by holding a Cadbury Chocolate Drive. If you would like to help the preschool by selling a box please speak to one of the teachers at the preschool to sign one out. The boxes are \$50 each (\$1 per chocolate). All funds raised are due in to the preschool by [Wednesday 8th April](#).



P&C President

Hello everyone! We had our 2nd P&C meeting on the 18th of March, and I would like to give an update on what was discussed. Perhaps you may not be aware but we have unfortunately been struggling for the last few years to get parents to be involved with the P&C. The P&C is about promoting parent involvement at TPS, and encourages parents to be involved in various ways, such as:

- Providing an opportunity for parent discussion of problems and issues
- Operating of school support services such as the canteen, and 2nd hand uniform shop
- Fundraising, of course, and deciding what to do with this money raised

Last week we discussed ways in which we can hopefully improve this, and of course we would love to hear from you all if you have any suggestions.

- We want to ask the students to put ideas/suggestions into the SRC box at the front office. Ideas that you think will help improve/better TPS (plus you can then check out the funny joke on the box). The SRC will then choose the best ideas/suggestions, and pass some them onto the P&C who will look at funding them. So kids put your thinking caps on and come up with some cool ideas!
- We will keep you informed of money raised and how it is spent, and updates on fundraising projects through the newsletter.
- Through the newsletter we are looking into using Facebook to update you all on fundraising events.

Other items discussed were the school carpark and how to improve it. We are looking at the option of utilising the area in front of the Kindy/Year 1/2 playground and have contacted TAMS regarding this.

Please note that you can find the full minutes of these meetings on the TPS website.

If you would like to contact us you can do so at TheodorePandC@yahoo.com.au. I will keep you posted as well.

Thank you Liset P&C President



Easter Raffle

Only one more week left to sell EASTER RAFFLE tickets!

Plenty of extra tickets available at the front office.

1st Prize worth \$200

2nd Prize worth \$120

3rd Prize worth \$80.00

Prize for child who sells most tickets - **Make sure you label your envelope**

All enquiries

Wendy Stevenson 0416 402 859



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Community News



**ACT
Government
Health**

DIABETES TYPE 1 STUDY

- Do you have a relative with Diabetes Type 1?
- Are you 1-45 years of age?
- Are you generally healthy?

You may be eligible for the Type 1 Diabetes (T1D) Prevention Trial

If you have a relative with Type 1 Diabetes, you could be at risk for this disease. Paediatric Research at Canberra Hospital is participating in studies monitoring the risk of Diabetes in relatives of T1D individuals and is offering an opportunity for you or your child to participate.

Please contact the Paediatric Research and Clinical Trials Unit at The Canberra Hospital on **61747600** for more information. This study has been approved by the ACT Health Human Research Ethics Committee

DIABETES TYPE 2 in children aged 10-17 years

Does your child have Type 2 diabetes?

Your child may be eligible for the Type 2 Diabetes Study

Helping your child manage their type 2 diabetes can be difficult. It requires a lot of attention. If diet, exercise and medication are not working well enough for your child, you may be wondering what to do next. It may be time to consider a different approach.

Please contact the Paediatric Research and Clinical Trials Unit at The Canberra Hospital on **61747600** for more information.

This study has been approved by the ACT Health Human Research Ethics Committee

Only One
This Year !!



Calwell High School

Sunday 24 May



9am- 1pm

Bookings essential
for this popular event

\$20 per stall Tracy 0458546111 (texting is
preferred)tracybarker2@bigpond.com



Try Rugby Evenings

If you are new and want to learn about Rugby Union, here is the perfect opportunity to enjoy an evening with Canberra's Premier Rugby Club - Tuggeranong Vikings.

TryRugby is designed with structured activities for the kids to enjoy the wonderful game of rugby union with some of Australia's leading coaches and players.

Friday 27th March 5.00pm – 6.00 p.m

Viking Park, Erindale

Corner of McBryde Crescent and Amsinck St, Wanniassa Canberra ACT

Cost:

Free – Vikings Junior Rugby registration forms will be available on the day.

Age:

6-12 year old boys and girls, all skill levels are welcome to come have some fun and try rugby.

What to bring:

Runners or boots, hat, drink bottle etc

For more information contact:

Ryan Roberts
0418441655
ryan.roberts@vikings.com.au

Andrew Henderson
0423710082
vikingsjuniors@gmail.com

"Get into Vikings Rugby, you'll love it!"



SKATEBOARD HUBS

COME AND SKATEBOARD WITH SKATEBOARDING AUSTRALIA
ACT - AUTUMN 2015

SAT 7TH MARCH	GUNGAHLIN SKATEPARK	SW 10AM > 12PM
SAT 14TH MARCH	BELCONNEN SKATEPARK	SW 10AM > 12PM
SAT 21ST MARCH	WODEN SKATEPARK	SW 10AM > 12PM
SAT 28TH MARCH	TUGGERANONG SKATEPARK	SW 10AM > 12PM
SAT 11TH APRIL	WODEN SKATEPARK	SW 10AM > 12PM
SAT 18TH APRIL	GUNGAHLIN SKATEPARK	SW 10AM > 12PM
SAT 2ND MAY	BELCONNEN SKATEPARK	SW 10AM > 12PM
SAT 9TH MAY	TUGGERANONG SKATEPARK	SW 10AM > 12PM
SAT 23RD MAY	WODEN SKATEPARK	SW 10AM > 12PM
SAT 30TH MAY	GUNGAHLIN SKATEPARK	SW 10AM > 12PM

FREE EVENTS

SW = STREETWISE 'LEARN TO SKATE'

NO WHISTLES NO BOUNDARIES

REGISTRATIONS REQUIRE PARENT / GUARDIAN SIGNATURE.
FOR FURTHER INFORMATION AND EVENT UPDATES,
VISIT: <http://www.skateboardaustralia.com.au/events/>

[/skateboardingaustralia](http://skateboardingaustralia.com.au)
facebook.com/skateboardingaustralia

Australian Government
Australian Sports Commission
Supported by ACT Government Health
PRO TEC PROTECTION

Dr Justin Coulson (PhD) Parenting Seminar: **'What Your Child Needs From You'**

Justin is a well respected researcher and parenting expert. He appears regularly on the Today Show and The Project as well as writing for The Daily Telegraph and Kidspot. He is also the author of many parenting books.

When: Thursday 30th April, 2015

Where: Erindale College Theatre

Time: 6:00pm-7:30pm (Doors open at 5:40pm)

Who: Parents of Tuggeranong Network Public School students

Cost: Free

Tickets: Can be ordered and collected from Richardson Primary School, May Gibbs Close Richardson, ACT 2905 ph– 6142 3630



Seats are limited so get your tickets today.

ACT Education
and Training
Directorate



Tuggeranong
Schools
Network



This event is proudly
brought to you by
Richardson Primary
School. A small
school achieving big
things.



SOFTBALL ACT TALENT IDENTIFICATION PROGRAM

Where: Hawker International Softball Centre

When: Every Wednesday & Sunday from the 3rd May – 3rd June 2015

Time: Wednesday 6pm – 7.30pm, Sunday 3pm – 4.30pm

Cost: \$99 (ex GST)

Inclusions: 10 sessions covering batting, fielding, offensive and defensive plays, games, awesome coaching

Optionals: Canberra Cap \$10, T-shirt \$35, one on one training



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