



## Sun Smart – Procedure

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### Rationale:

- Overexposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from overexposure to the sun whilst at school.

### Aims:

- To educate students as to suitable sun smart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

### Implementation:

- This policy forms an essential part of our Health Promoting Schools policy.
- The school dress code will include the wearing of sun protective clothing. This will include loose fitting, closely woven cotton fabrics and shirts with a collar and longer sleeves and longer skirts and shorts.
- All students will be required to wear Sun Smart hats (eg 8 – 10 cm wide broad-brimmed hat or legionnaire hat) that shading the face, ears and neck when outside. This will be enforced August to May and encouraged at all other times.
- Staff will act as role models by also wearing approved broad brimmed hats when outside.
- Children without broad brimmed hats will be restricted to play in designated shaded areas. This will be enforced from August to May and encouraged during June and July.
- Parents are encouraged to supply 30+ broad spectrum and water repellent sunscreen as part of their child's school equipment.
- *Where practicable*, students will be given opportunities to apply sunscreen before the lunch break and before participating in outdoor activities.
- The school supports the use of close fitting UV protection wrap around AS1067 sunglasses by both students and staff.
- *Whenever possible*, outside activities from August to May should be scheduled before 11:00 am.
- Shade structures for students have been provided.
- The P&C will ensure that school uniform broad brimmed hats are available for purchase from the Front Office.
- The school newsletter and school assemblies will be used to highlight and reinforce the sun smart policy.
- Sun smart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Our school will seek to renew our status as a Sun smart school from the Cancer Council ACT.

### Evaluation:

- This procedure will be reviewed as part of the school's three-year review cycle.

**This procedure will be ratified by the School Board in February 2016**