



Circle of Security Parenting (COS-P)

Dear families,

Next term, I will be running the Circle of Security Parenting Program at the school for parents. Some families are unable to attend the session next term, so I have some spots available.

This is an 8-week program which will run once a week for 90 minutes.

This program is designed to support parents and caregivers to:

- Understand their child's emotional world by learning to read emotional needs
- Support their child's ability to successfully manage emotions
- Enhance the development of their child's self esteem
- Honour the innate wisdom and desire for their child to be secure

This program does not give you specific behavioural strategies but is designed to assist parents and caregivers who are experiencing emotional or behavioural struggles with their children, aged 0-12 years.

Next term the program will run on Thursdays from 5pm-6.30pm for 8 weeks, please return the slip below ASAP and indicate if you would like to attend. There are limited spots, but I will look at running this program in term 3 and 4 on a different day and at different times so you won't miss out if you are unable to attend this session.

Please indicate below if you would like to attend next term or in future sessions.

If you would like to attend a future session, please indicate your preferences for day and time.

If you have any questions or would like more information, please contact me on the details below.

Kind regards

Aimee Shires

Family & Community Engagement Coordinator

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Circle of Security Parenting (COS-P) Expression of Interest

Parent/carer name _____

Email Address _____ Contact number _____

Child's name _____

Preferred time (please circle) Term 2 during school hours after school hours Day _____

If you have a specific time that works best for you, please indicate what it is (e.g. 9.30- 11am) _____





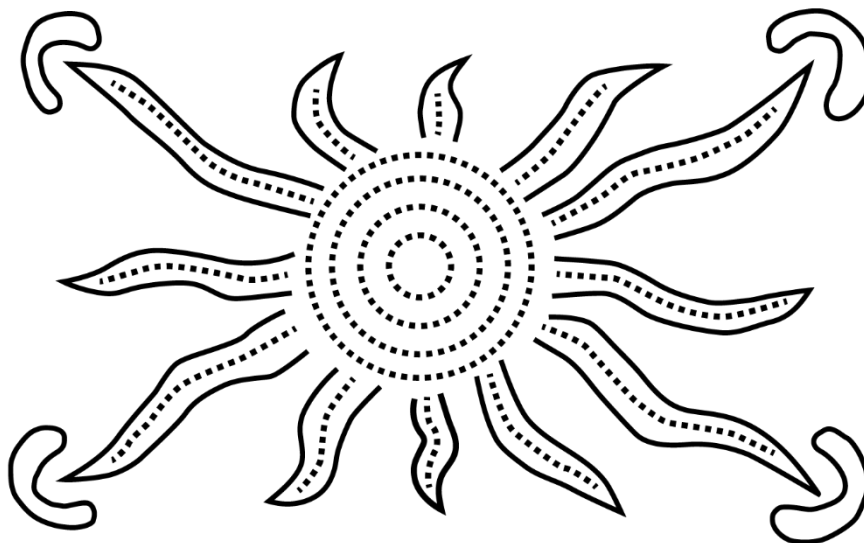
Act Education Privacy Information

If you fill in this form, your personal information and that of your child will be collected and handled by the ACT Education and Training Directorate (ETD) Theodore Primary School. This information is necessary for us to be able to manage student participation in excursions and support the welfare and safety of your child. If you do not consent to supply us with this information your child will be unable to participate in the excursion.

Normally we will not use or disclose this information for another purpose, without your consent, unless you would reasonably expect us to use or disclose the information for a related purpose.

Normally we only share information with school staff and, where necessary, parents or volunteers assisting with the excursion in order to appropriately and effectively manage the excursion.

The Directorate has a privacy policy that explains how we handle personal information, including how we handle privacy complaints. The policy is available on the Directorate's website (www.det.act.gov.au) on the About Us page.



Theodore Primary School

