



03 March 2022 – Term 1

Principal News

We are half way through term 1 already. Hopefully you have all booked an online appointment to speak to your child/ren's teacher/s. We really value your input as we work together to support all our students.



So much learning is happening in classrooms that I wanted to celebrate this with you in the newsletter today. Here are some examples for you to enjoy.

LAST year on easter my cousins came
over in the afternoon they my
cousin me and my brother ^{what up in side}
and didnt look out the windows so
my nan ~~could~~ could hide the easter
eggs wo had a big tub it filled
up to the top and we found more
but they coul not fit them my boys
went home the day

Last year at Easter my cousins came over. In the afternoon my cousin, me and my brother went inside and didn't look out the window so my Nan could hide the Easter eggs. We had a big tub. It filled up to the top and we found more but they could not fit. Then my cousin went home. The end

Isla M 1/2EC

Zion T, Writing 1/2AA

Johnny P, Maths 3/4AC

Luke E, Narrative Word Bank 3/4ES



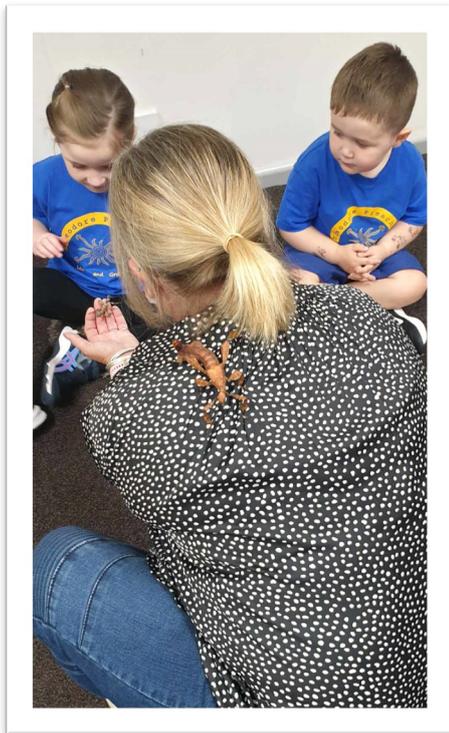
SIZZLING STARTS



Bursting with excitement, she ran out the door. It was finally break time so she was finding her friends, but she couldn't find them. No one was there except for her. She looked everywhere but she couldn't find anyone.

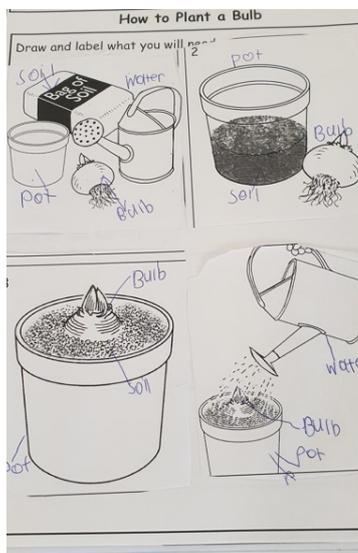
Phoenix, Aareesh and James

*We are Safe,
Respectful
Learners*



The Bilbies are learning about stick insects.

Can you find the adult stick insect and the baby?



Name Tino Date 28.2.2022

How to Plant a Bulb

List what you need:
soil water pot bulb

What you will need to do:
 1. Put soil in the pot
soil pot plant the bulb
water the bulb

Tino G, Bulb Planting
Mingari

Contact Us



theodoreps@ed.act.edu.au



(02) 614 23100



www.theops.act.edu.au



Lawrence Wackett Crescent, THEODORE ACT 2905



[www.facebook.com/](https://www.facebook.com/theodoreps)
Theodore Primary School (Official Site)

Theodore Primary School
"A great place to grow up"

Dates to Remember

Term 1 Calendar See Website

MAR

- 11** Online Assembly—Yr 3/4
- 14** Canberra Day Holiday
- 15** School Board Meeting
- 17** P & C Annual General Meeting

Notes sent home

| | |
|-------|-----------------|
| Yr5/6 | Camp Cooba |
| Yr5 | Band |
| Yr6 | Polos & Hoodies |

Notes due back

| |
|----------|
| 08 April |
| 18 March |
| 07 March |

Important Reminders

Mask rules remain in schools

The mask rules for ACT schools and early childhood settings have not changed. Face masks must continue to be worn by staff and visitors in all indoor spaces at school and early childhood education and care settings.



Students in years 7 to 12 are also required to wear a face mask while in an indoor space at school.

The wearing of masks for primary school students is at the discretion of the student and their parents/carers but is not recommended for children in ECECs, or preschool to year 2.

The measures we have in place, including mask-wearing, are helping to limit the impact of COVID-19 and ensure continuity of learning for our students.

Theodore Primary School Board

Theodore Primary School Board - 2022 Position Vacant

School Board nominations has **re-opened** for the position of **P&C Association member**. The School Board a wonderful opportunity for parents to participate in the ongoing management of the school and to contribute to the school's future directions.

The following position have become vacant after the 31/3/2022

- 1 x P&C Association Member

Nominations dates

Nominations Re- Open: Week 5 Term 1 - Monday 28th February 2022 at 11.00am

Nominations Close: Week 9 Term 1 - Friday 1st April 2022 at 11.00am

The current Board meets twice a term. Parents or guardians of Theodore children are eligible to nominate.

Nomination form can be downloaded from Theodore PS website <https://www.theops.act.edu.au/parent-information/notes> due to Covid restrictions please complete your nomination form return scan Email to **Assistant Returning Officer** rose.rodriquez@ed.act.edu OR

mail to Theodore Primary School 78 Lawrence Wackett Cres Theodore ACT 2905. Nominations will only be accepted within the dates stated above.



Week Ahead @ Theo

Term 1 | Week 6 @ Theodore



What's On This Week

MONDAY 7/3– Year 6 Band 🎵

Bilbies Preschool Day

TUESDAY 8/3–

Bilbies Preschool Day

WEDNESDAY 9/3– Year 6 Band 🎵

THURSDAY 10/3–

Koalas Preschool Day

FRIDAY 11/3– 3/4 Assembly (Online) 💻

Koalas Preschool Day

Lost Property



Is your child missing a black star wars pair of reading glasses?

Contact the front office on 6142 3100



P&C News

SAVE THE DATE!!!



P&C Fundraiser — Hot Cross Buns



The P&C is excited to announce that we will be selling Hot Cross Buns during **Weeks 7, 8 & 9**

Pre-order forms available soon!



Theodore Primary School P&C committee are holding the
Annual General Meeting 'AGM'

17 March 2022 stating 6.30pm at the Calwell Club

It would be great to see some new faces as there will be many positions vacant.
Come along if you would like to be involved or even if you just want to hear more about
what is going on around the school.

P&C Team

1/2 News

Yackatooon students have had a fabulous start to the 2022 school year. Over the past five weeks, they have been busy engaging in a range of 'return to school' and 'getting to know you' activities with a specific focus on the skills and dispositions that support the Learning Assets – Self Manager, Collaborator, Thinker, Researcher and Communicator.



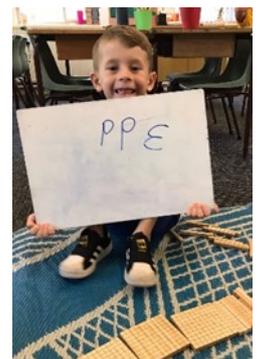
They have also participated in hockey clinics. It has been wonderful to see the students reconnecting with old friends and forming new friendships.



In literacy workshops, students have been focussing on the reading strategy 'questioning' and learning that 'good readers ask questions, before, during and after reading.' During the workshop, students have also been learning about the recount genre. Students have been writing recounts about when the Australian Federal Police visited the Yackatooon students in week 3, when Ms Lloyd lost her keys and in 1/2EC the students have been writing a recount about their class pet Flopsy.



In maths, the focus has been learning about sequencing numbers and place value. Students have been learning about the different ways numbers can be represented using ten frames and MAB blocks.



What builds resilience?

Parents, carers and significant adults in a child’s life can help them to develop skills, habits and attitudes for building resilience by supporting children to:

- build positive relationships with others including adults and peers
- build their independence
- identify, express and manage their emotions
- build confidence by taking on personal challenges

Information from Beyond Blue healthy families



Fresh Food Friday



It is not too late to enter the lunchbox builder competition, follow the link below to create a lunch box online and email me a picture or send me a photo of your lunchbox to enter the draw to win a new lunch box set. Winner will be drawn in week 7.

https://healthylunchbox.com.au/builderutm_medium=website&utm_source=hlbweek-na&utm_campaign=nsw-hlbschool2019

This week we will look at some healthier lunch box swaps to boost nutrition.

Aimee Shires
Family & Community Coordinator
Aimee.shires@ed.act.edu.au

Resorce adapted from healthy lunchbox guide Nutrition Australia



SWAP OUT
White bread, rolls, wraps, crackers and crispbreads



SWAP IN
Wholegrain or high-fibre options



SWAP OUT
Butter on bread, rolls and wraps



SWAP IN
Avocado, hommus or plant-based dips and spreads



SWAP OUT
Cordial, juice poppers or sugary drinks



SWAP IN
Water or plain milk or milk alternative



SWAP OUT
Potato chips



SWAP IN
Veggie sticks with hommus



SWAP OUT
Sweet and savoury biscuits



SWAP IN
Plain popcorn or [basic pikelets](#)



SWAP OUT
Iced cakes, muffins and buns



SWAP IN
Fruit loaf or [muesli slice](#)



Children's crossing safety

Teaching children to cross the road safely is an important life skill. Children's crossings are provided near schools to make it safer and easier for children to access the school. Children should be taught to make sure motorists completely stop prior to stepping onto the road.

When driving and parking around the school, please keep a look out for pedestrians when approaching the crossing and remember to stop and allow pedestrians to clear the road completely prior to proceeding.

Never park on the approach to the crossing, it reduces visibility and safety, particularly for children who are less visible to motorists. It is also important that motorists never try to pass other cars at a crossing or queue through a crossing, this type of behaviour significantly reduces safety for children.

More information is available in this [children's crossing](#) information sheet. Please drive slowly and be patient near the school to keep our community safe.

Facebook post:

Children's and pedestrian crossings are provided near schools to increase safety for children. Please drive slowly and be prepared to stop when driving near the crossings around our school. Never park on the approach to a crossing, pass at a crossing or queue across a crossing, it reduces visibility and safety, particularly for children who are less visible to motorists. Please help to keep our community safe

http://bit.ly/crossing_info_sheet





Want \$500 to help you with school costs?



Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment*
- ✓ Be studying yourself **OR** have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:



For more information, please contact your local Saver Plus coordinator:

Kathleen Watson

CanberraSP@thesmithfamily.com.au

0448 730 305

DELIVERED BY



everyone's family
Find out more at saverplus.org.au

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

Need up to \$1000 for 2023 back to school costs?

Join this virtual info session and learn how your savings of \$500 will be matched with an additional \$500. Saver Plus is a free community program for parents saving for education costs.

Learn more at saverplus.org.au

WHERE

<https://thesmithfamily.zoom.us/my/saverpluscanberra>

Email Kathleen to receive a calendar invite!

WHEN

Monday 21st March
10 - 11am



Kathleen Watson



canberrasp@thesmithfamily.com.au



0448 730 305

DELIVERED BY



everyone's family

Developed in 2003 between the Brotherhood of St Laurence and ANZ, Saver Plus is offered across Australia by local community organisations. The program is co-funded by The Department of Social Services and ANZ.

JOIN THE MURA LANYON YOUTH AND COMMUNITY CENTRE FOR A

Twilight garden party

Tuesday 8 March from 4.30 to 7pm
22 Sidney Nolan Street Conder

Free pizza, popcorn, fairy floss, music, activities and more!
All welcome.

mojo
GUITAR TEACHERS

1 Dairy Rd Precinct
Studio 6 building 3.3

LET'S GET PLAYING!

MOBILE & STUDIO LESSONS

lessons@mojoguitarteachers.com
0431 550 005



Tuggeranong Southern Cross Junior Basketball Club



2022 Winter Season
Call our for under 10s
For children born 2013 or later



Hey Kids, make some new friends
playing the best game EVER!
Come along to one of our training sessions
to give it a try



For the parents

Why: Basketball is a great game that builds social skills, team work and gross motor skills (and it is played inside in Winter!)

How much: The cost is \$360 for training from week beginning 21 or 28 February 2022 to the end of competition in late Aug 2022 (not including school holidays). You will need to supply basic black shorts (without pockets) and we will provide a loan top.

Time commitment: Weekly trainings for an hour (supervised) and Sunday games (also up to an hour)

Where: Tuggeranong Southern Cross Stadium

How to register: Register to play at <https://www.playhq.com/basketball-act/register/740a9f>

Enquiries: info@southerncrossbasketball.net

www.southerncrossbasketball.net

[TSCBballClub](https://www.facebook.com/TSCBballClub)

[tscbasketball.canberra](https://www.instagram.com/tscbasketball.canberra)



GORDON COMMUNITY DAY

19th March 2022

10am - 1pm

@ Gordon Community Centre,
110 Lewis Luxton Avenue, Gordon

Little Luxton Coffee, Pop-Up op Shop, Books,
Bake Sale, Sausage Sizzle, Kids Activities and more!
(BRING your Bottles and Cans for Recycling)

This event will help raise funds for our Centre!
Tuesday, Wednesday and Friday 10am-3pm

gordon@anglicare.com.au | (02) 6284 7003



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CANBERRA REGION RUGBY LEAGUE



COME & PLAY RUGBY LEAGUE

AUNTIES

SISTERS

FRIENDS

COUSINS

COLLEAGUES

MUMS

TACKLE UNDER 9'S,
11'S, 13'S, 15'S, 17'S &
OPEN WOMENS

LEAGUE TAG UNDER
12'S, 14'S, 16'S &
OPEN WOMENS

CONTACT YOUR LOCAL CLUB TO GET INVOLVED
VISIT PLAYRUGBYLEAGUE.COM.AU/PLAY
OR EMAIL DEB_DFORD@RAIDERS.COM.AU