



28 April 2022– Term 2

## Principal News

Welcome back to term 2!



It is fabulous to be back at Theodore after several weeks away. I spent 2 weeks last term acting in the position of Director of School Improvement (DSI) for the Tuggeranong Network. Then I went on leave, camping along the south coast with my husband, Geoff and dog, Huxley. We had a great time and it made me appreciate living in Canberra where we are so close to some of the most beautiful beaches in Australia. I hope you managed to have some down time during the school holidays. I loved visiting classes this week and hearing the children's holiday stories.

I want to give a huge shout out to Nathan Pepper who stepped into the principal role while I was on leave. He did an amazing job, supported brilliantly by Mel Lloyd as deputy principal. Jess Crilly probably had one of the most challenging jobs as she oversaw the staff relief arrangements. It was a very difficult term with many staff and students being affected by Covid. Thanks to the team who supported each other and stepped in to help with teaching classes and taking extra duties. Tori Barbaro, Anna Connell and Emma Smith all acted in leadership roles during term 1 and did a fantastic job. This term they will go back to their full-time teaching roles. Mel Lloyd will lead the junior team (Preschool to Year 2) and Jess Crilly will continue to lead the senior team (Year 3 to 6).

We are excited that our Year 5/6 students will be heading off to Camp Cooba next week. They have waited very patiently, and it is finally happening. There is a covid safety plan in place and everything has been carefully planned. We hope everyone has lots of fun!

Debbie Martens  
Principal

## Contact Us

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Theodore Primary School  
"A great place to grow up"

## Dates to Remember

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### Term 2 Calendar

**APR**  
**29**

Yr3 /4 Bad Guys Excursion

**MAY**

**02 -04**

Yr 5/6 Camp Cooba

**10 - 13**

Yr's 3 & 5 NAPLAN

**13**

Cross Country

## Notes sent home

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Yr5/6 Camp Cooba Final Information

## Notes due back

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Information only

## Important Reminders

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### Mask rules remain in schools

The mask rules for ACT schools and early childhood settings have not changed. Face masks must continue to be worn by staff and visitors in all indoor spaces at school and early childhood education and care settings.

Students in years 7 to 12 are also required to wear a face mask while in an indoor space at school.

The wearing of masks for primary school students is at the discretion of the student and their parents/carers but is not recommended for children in ECECs, or preschool to year 2.

The measures we have in place, including mask-wearing, are helping to limit the impact of COVID-19 and ensure continuity of learning for our students.



# Term 2 | Week 1 @ Theodore



**WELCOME  
\*BACK\***

**MONDAY 25/4– ANZAC DAY PUBLIC HOLIDAY**



**TUESDAY 26/4–**

**Bilbies Preschool Day**

**WEDNESDAY 27/4– 5/6 Band** 🎵

**Bilbies & Koalas Preschool Day**

**THURSDAY 28/4– Newsletter Emailed Home**

**Koalas Preschool Day**

**FRIDAY 29/4– Year 3/4 Bad Guys Excursion** 🎬 🏠

**Koalas Preschool Day**

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## Theodore Primary School Board

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Thank you to the community for nominating for 2022 Theodore Primary School Board.

Congratulations to **Vicki Hunt** who has been elected for the teacher's position and

**Michelle Bruce** elected to represent P&C Association member.

| 2022 School Board members |                    |
|---------------------------|--------------------|
| Principal                 | Debbie Martens     |
| Secretary                 | Rose Rodriguez     |
| Community Representative  | Sue Farrelly       |
| Teacher representative    | Vicki Hunt         |
| Teacher representative    | Charisse Enriquez  |
| P&C Association member    | Michelle Bruce     |
| Parent representative     | Alison Yialeloglou |



## What builds resilience?

### Focus on autonomy and responsibility

An important part in building your child's resilience involves encouraging your child to take on responsibilities and develop a sense of autonomy.

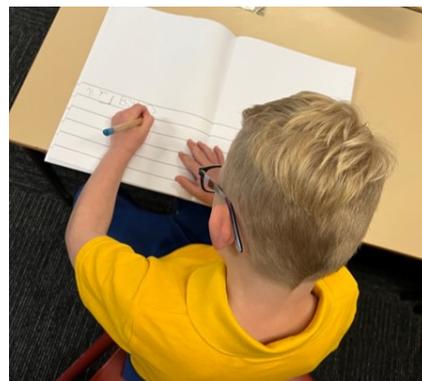
It is natural that parents want to protect their children from negative experiences, however it is important not to shield them from all of life's challenges as working through difficulties and problems (with adult support) helps children learn about themselves, grow and develop resilience.

To help your child build autonomy and responsibility:

- Build your child's independence
- Talk to your child about problem solving
- Allow your child to make decisions
- Provide opportunities for free play
- Allow your child to feel bored sometimes
- Be a role model for your child

Over the next 8 weeks we will explore each of the above areas in more detail.

*Information from Beyond Blue healthy families*



## Fresh Food Friday

### Waste free Wednesday

Waste free Wednesdays start next Wednesday, May 4. Please read the details below to find out what it is, why we are doing it, how to pack a waste free lunchbox and the awesome PRIZES to be won by students who participate.

#### What is waste free Wednesday?

Waste free Wednesday is a day each week where all students aim to produce little to no lunchbox waste. Lunchboxes will contain items that can be eaten, composted, recycled, or reused.

#### Why are we doing Waste Free Wednesday?

To help teach students how we can reduce waste and the positive impact this has on the environment.

#### Why you should get involved

Apart from the positive impact waste reduction has on the environment, we will be picking two winners each fortnight to win a reusable lunch item.

#### How to pack a waste free lunch

**Reusable containers** make it easy to pack a waste free lunch and to buy food in bulk instead of single serve packages.

**Buying items in bulk** such as juice, crackers, chips, biscuits, yogurt and cheese rather than in individual servings, will help reduce waste.

**Recyclable or reusable packaging** reduces the pollution caused by waste.



#### How to win

A student from each class who participates in waste free Wednesday will be nominated and will enter the draw to win a weekly prize. A junior and senior student will win a prize each week.

#### Current prizes to be won

reusable sandwich bags



Beeswax wraps



lunchbox containers



### Part way is ok

Traffic congestion is a common issue around most schools during the morning and afternoon peak periods. Roads aren't designed to cope with the sudden increase in traffic volumes for 15-20 minute periods each morning and afternoon.

If you need to drive, a simple way to reduce the congestion around our school is to use part way drop off or collection points. Part way points can significantly reduce the burden on the local road network. They are ideal for families who live too far away from the school to walk or ride for the entire journey.

Consider dropping off and collecting students from a location that is a short distance from the school that provides safe and easy access. Not only will you help to reduce congestion around the school, children will also receive the health benefits for walking or riding part of the trip. Useful resources are available on the

[Transport Canberra](#) website.



### Insurance and Ambulance Transport

The ACT Education Directorate does not provide any insurance cover for injury, disease or illness to students resulting from school activities or school-organised excursions. Claims for compensation are met where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which any injury, disease or illness was sustained.

As there is no automatic insurance cover for personal injury if your child is injured at school or during a school organised activity/excursion you should therefore consider whether taking out personal insurance cover for your child is warranted.

This insurance might cover contingencies including medical/hospital expenses, ambulance transport outside the ACT, and cancellation of transport/accommodation or loss of/damage to luggage.

The ACT Ambulance Service provides free ambulance transport for students who are injured or suddenly become ill at school or during an approved school organised activity **within the ACT**.

### School Accidents/Incidents

Theodore Primary collects information about injuries and incidents which occur at school or on school-organised activities, on behalf of the ACT Education Directorate. Some of the information may be personal information as defined in the *Information Privacy Act 2014* and the *Health Records (Privacy and Access) Act 1997*. The information is usually included in a Student Accident/Incident Report or Notification of a Critical Incident together with any accompanying witness statements.

The purposes for which the information is collected include notifying the Territory's insurers and legal advisers of injuries and incidents and ensuring that the school itself has accurate and complete records.

The Directorate usually provides the form and any other information relevant to the accident/incident to the ACT Insurance Authority and the ACT Government Solicitor. Information may also be provided to WorkSafe ACT in accordance with the *ACT Work Health and Safety Act 2011*.

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or call the Enrolments Telephone Service 6205 5429.







## BRING A Friend TO DANCE

Week 1 - Week 3



We invite you to come and enjoy any dance class at Dream Danz with your friend from Tuesday 26 April - Saturday 15 May.

Address: 17 Grattan Court Wanniasa

Contact us today for further information - [www.dreamdanzstudios@hotmail.com](mailto:www.dreamdanzstudios@hotmail.com)

### A PLACE WHERE *Wonder IS* UNCOVERED



YOUR GIRL GUIDES CONTACT  
Veronica  
[veronica\\_guides@hotmail.com](mailto:veronica_guides@hotmail.com)

FIND OUT WHERE  
[joinguides.com.au](http://joinguides.com.au)

### GIRL GUIDES MEET NEAR YOU

**Wanniassa Pre-Junior Guides**  
For girls 5-7 years old  
Mondays 5-6pm

**Wanniassa Junior Guides**  
For girls 7-9 years old  
Tuesdays 5:30-7pm

**Tuggeranong Junior Guides**  
For girls 5-9 years old  
Wednesdays 5:30-7pm

**Wanniassa Guides**  
For girls 10-13 years old  
Mondays 6:30-8:30pm

Wanniassa Guide Hall,  
Hyland Pl, Wanniassa, ACT 2903






## Swim Teacher

by ROYAL LIFE SAVING

### WE'RE RECRUITING!

- Subsidised training
- On-the-job mentoring
- Minimal aquatic fitness required
- Work during school hours



Contact Royal Life Saving ACT to register your interest and find out more:  
Phone Nora on 62605800 OR Email us: [programs@royalact.com.au](mailto:programs@royalact.com.au)

